

- ORANGE WEST TRAIL 6.3 MILES
- YELLOW TRAIL 8.3 MILES
- BLUE SOUTH TRAIL 2.9 MILES
- BLACK "OUT-N-BACK" 1.3 MILES
- BLUE NORTH TRAIL 1.2 MILES
- BROWN WEST TRAIL 1.5 MILES
- GREEN WEST TRAIL 0.7 MILES
- OLD COUNTRY LANE 2.5 MILES
- PURPLE N. CEMETERY HILL 2 MILES

- SINGLE TRACK
- ===== MULTI TRACK
- ===== PAVED
- Ⓢ Ⓜ INTERSECTION MARKERS

When you're out on the trails, always wear a helmet and bring along at least a minimal repair and first-aid kit.

#### FOLLOW THE RULES OF THE TRAIL:

1. Ride open, established trails only
2. Always keep control of your bike
3. Warn others of your approach and yield the trail
4. Never scare animals on the trail
5. Leave no trace and don't skid
6. Plan ahead and pack accordingly



0.5 mi 1 mi 2 mi

#### 10 miles – Palos Central

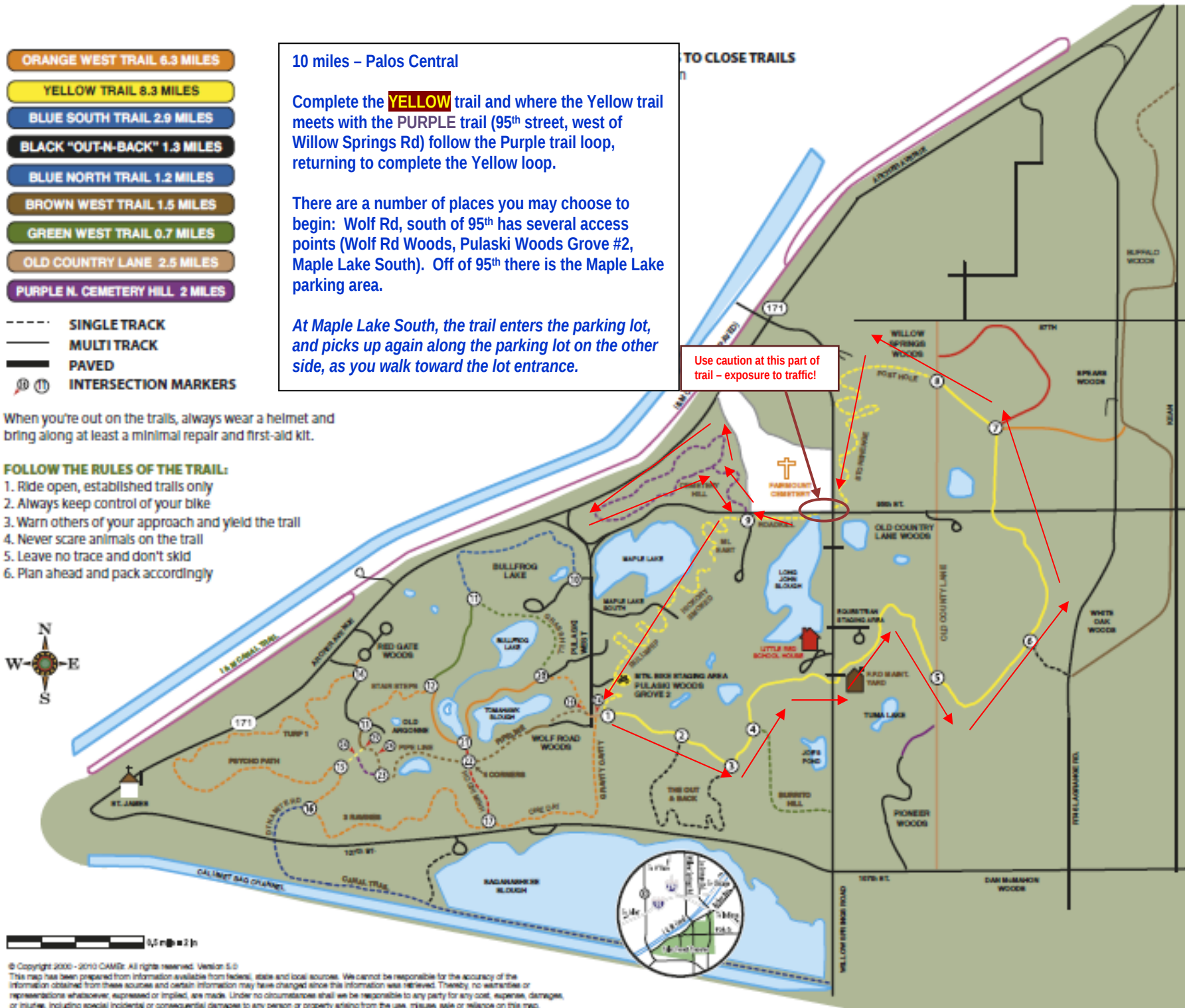
Complete the **YELLOW** trail and where the Yellow trail meets with the **PURPLE** trail (95<sup>th</sup> street, west of Willow Springs Rd) follow the Purple trail loop, returning to complete the Yellow loop.

There are a number of places you may choose to begin: Wolf Rd, south of 95<sup>th</sup> has several access points (Wolf Rd Woods, Pulaski Woods Grove #2, Maple Lake South). Off of 95<sup>th</sup> there is the Maple Lake parking area.

*At Maple Lake South, the trail enters the parking lot, and picks up again along the parking lot on the other side, as you walk toward the lot entrance.*

TO CLOSE TRAILS

Use caution at this part of trail – exposure to traffic!



**PALOS FOREST PRESERVE**  
**Bike Trail Map 2010**

**cambr**  
chicago area mountain bikers