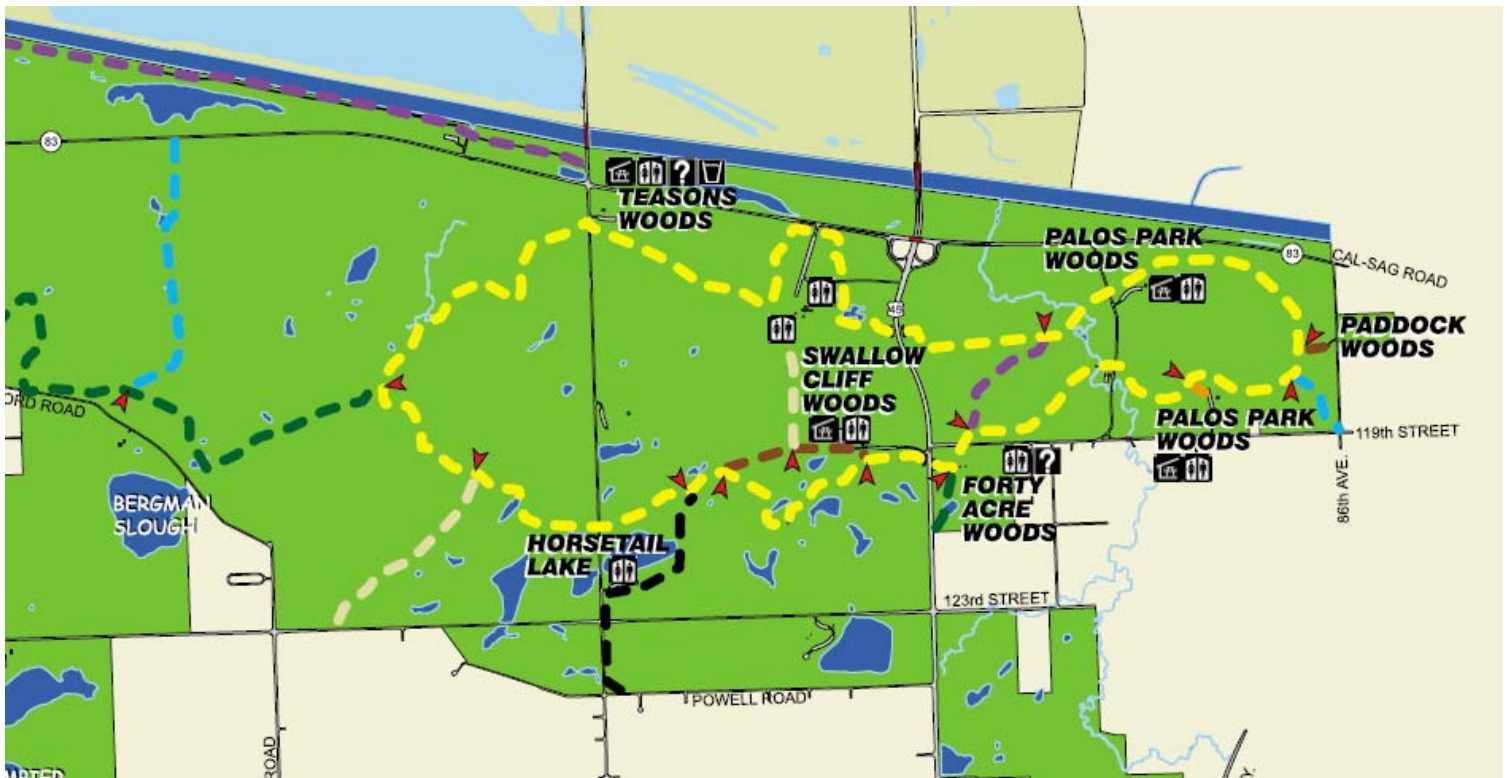


10-Mile Hike – Sag Valley Main Trail



Start in parking lot at Forty Acre Woods (119th St, just East of LaGrange, south side of street)

- Take YELLOW trail and cross 119th St
- Stay on YELLOW trail when you encounter first intersection (with Purple trail)
- Following the Yellow trail, you will descent a steep hill, cross a bridge over a small creek, then cross Kean Ave.
- Continue on the trail around and through Palos Park Woods.
- After crossing Kean Ave again, and then another bridge, you will find an intersection with the PURPLE trail again – stay on the yellow trail.
- Cross LaGrange Rd on the trail via the underpass, and continue on to Swallow Cliff Woods.
- At Swallow Cliff Woods – stay on the yellow trail as it heads north to the entrance of the parking lot, across the lot, then back south again.
- Continuing on the yellow trail, cross 104th Ave (Willow Springs Rd)
- The Yellow trail will meet with a Green trail. Turn Right onto the Green trail.
- Follow the Green trail until it intersects with the BLUE trail. At this point TURN AROUND and retrace the Green trail back to the Yellow trail.
- Turn Right at the Yellow trail to continue the Yellow loop.
- Cross 104th Ave again, pass the Brown trail then cross LaGrange (underpass).
- This will take you back to the parking lot at Forty Acre Woods