

Troop 318
Winter Camping Personal Gear List

This list is in addition to the existing troop weekend "Personal Gear List for Camping"

NO Cotton!!!! (Think Jeans and socks)

Daytime Wear (worn in layers)

Insulated Winter Boots (no low tops)
Moisture wicking long underwear (Top and Bottom)
Long Pants (Wool or Synthetic) alternative is cold suit
Polypropylene Fleece
Wicking T shirt
Warm Parka or Jacket (water resistant)
Fleece or Wool Beanie
Snow Pants or other insulated pants
2-3 Pairs of Wool Socks per day
Handwarmers and Toe Warmers
Water Resistant gloves or Mittens
Insulated non-metallic water bottle

Sleeping Ware (used only for sleeping) Putting on dry clothes for sleeping is critical to staying warm

Beanie/Balaclava
Sweatpants
Hoodie
Underwear or shorts
Long underwear for cold sleepers
Wool Socks
Glove liners or light weight gloves

Sleep System (Below 30 degrees. Some campouts are in the low 20s)

4 Season Tent preferred. All scout tents are four season capable.
0° to 10° F Degree Sleeping Bag (note: rating for sleeping bags is normally 20-30 degrees lower than the true comfort level. For example, a bag sold as 30° F will be comfortable at 50 to 60 degrees)
Insulated Sleeping Pad (no uninsulated air mattresses by themselves)
Second Sleeping bag to make a double bag or a thermal rated sleeping bag liner
Space Blanket (not emergency type) or Car Window sun shade to reflect body heat
Non-air-filled pillow
Large Hand/Body Warmers